

# COUNSELOR'S CORNER

## Peek Of The Week

### Welcome Back!

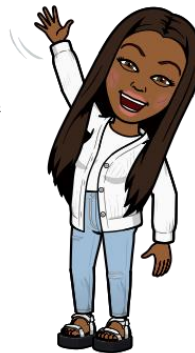


Dear EAGLE NATION Students and Parents/Guardians,  
We are elated to be back in the building and to build relationships with students in a face-to-face, more personable setting. We hope that you were able to establish a sense of normalcy and use your summer break to spend time with family, catch up on your favorite movies/TV shows, and get some much needed rest and relaxation.

We will use this newsletter as a tool to provide you with updates, upcoming events, and reminders as they pertain to your students and the Counseling department.

#### Tips for Parents:

- Listen to your student and be supportive
- Be honest and accurate
- Emphasize safety
- Encourage healthy habits
- Limit social media
- Enjoy quality time together



#### Word/Character trait of the month:

**Empathy** is defined as understanding another person's feelings or emotions. Empathy is not to be confused with sympathy. Empathy takes on a deeper approach and actually requires a person to place them self in the position of another person and attempt to feel what they are feeling. Learning to empathize about what another person is feeling can help a person to develop greater understanding and sensitivity to an array of issues/situations. Help your child practice empathy by modeling this character trait at home.

#### Counselor Assignments:

Ms. Schoenfeld- 6<sup>th</sup> Grade  
Ms. Rogers, -7<sup>th</sup> Grade  
*Lead Counselor*  
Ms. Solomon, 8<sup>th</sup> Grade



❖ *Children learn best when they feel good about themselves and their relationships with others.*



"Your aptitude is very important but even more important, for success, is your attitude."

#### Updates

**-Counselor introductions.**  
Each counselor will visit their grade-level classrooms to provide an introduction and brief presentation to their students.

#### Reminders

-Masks are **REQUIRED** at all times while in the building.

-Wash hands frequently and practice social distancing.

#### Upcoming Events

-Counselor introductions in classrooms

-**National Suicide Prevention Week:** 9/5/2021-9/11/2021

-**Start With Hello Week:** 9/20/2021-9/24/2021

#### Important Links

**Request to see your Counselor:**

<https://forms.gle/yaKHjtVwCMEfw3om9>

#### Contact Your Counselor

912-395-3540 (option 2)

Ms. Schoenfeld- 6<sup>th</sup> Grade  
[Kirby.Schoenfeld@sccps.com](mailto:Kirby.Schoenfeld@sccps.com)  
Ms. Rogers- 7<sup>th</sup> Grade, Lead Counselor  
[Carolyn.Rogers@sccps.com](mailto:Carolyn.Rogers@sccps.com)  
Ms. Solomon  
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