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ADULT MEAL COST IS \$2.25.

*Menu subject to change. Our suppliers continue to experience shortages related to the COVID-19 pandemic. Contact your school cafeteria manager to verify menu offerings. This institution is an equal opportunity provider.

SCGPS OCTOBER BREAKFAST MENU

- ⇒ Breakfast includes choice of entrée and choice of fruit.
- ⇒ All entrées are whole-grain rich.
- ⇒ Students must take at least one fruit choice for the meal to be no cost. Students can take both juice and cupped fruit.
- ⇒ A variety of milk is available. Milk is always optional.

	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1 Oct. 1	 Indicates meatless entrée item. NOTE: Fruit juice and fruit cup offerings are always meatless.		<u>Seasonal Pumpkin Bread is back! Get into the fall spirit and try a slice on Friday, October 15!</u>		Muffin & Cheese Stick  Cereal & Grahams  100% Fruit Juice 1/2 Cup Fruit Choice
WEEK 2 Oct. 4-8	Yogurt & Gripz  Cereal & Grahams  100% Fruit Juice 1/2 Cup Fruit Choice	Grape-Filled Crescent Roll  Cereal & Grahams  100% Fruit Juice 1/2 Cup Fruit Choice	Pop Tart  Cereal & Grahams  100% Fruit Juice 1/2 Cup Fruit Choice	Pancakes  Cereal & Grahams  100% Fruit Juice 1/2 Cup Fruit Choice	HOLIDAY Fall Break
WEEK 3 Oct. 11-15	HOLIDAY Fall Break	Dutch Waffle  Cereal & Grahams  100% Fruit Juice 1/2 Cup Fruit Choice	French Toast Sticks  Cereal & Grahams  100% Fruit Juice 1/2 Cup Fruit Choice	Cinnamon Toast Soft Bar  Cereal & Grahams  100% Fruit Juice 1/2 Cup Fruit Choice	Pumpkin Bread  Cereal & Grahams  100% Fruit Juice 1/2 Cup Fruit Choice
WEEK 4 Oct. 18-22	Pancake Pup Bites  Cereal & Grahams  100% Fruit Juice 1/2 Cup Fruit Choice	French Toast  Cereal & Grahams  100% Fruit Juice 1/2 Cup Fruit Choice	Mini Cinnis  Cereal & Grahams  100% Fruit Juice 1/2 Cup Fruit Choice	Sausage Chimichanga *(Pork Free)  Cereal & Grahams  100% Fruit Juice	Muffin & Cheese Stick  Cereal & Grahams  100% Fruit Juice 1/2 Cup Fruit Choice
WEEK 5 Oct. 25-29	Yogurt & Gripz  Cereal & Grahams  100% Fruit Juice 1/2 Cup Fruit Choice	Grape-Filled Crescent Roll  Cereal & Grahams  100% Fruit Juice 1/2 Cup Fruit Choice	Pop Tart  Cereal & Grahams  100% Fruit Juice 1/2 Cup Fruit Choice	Pancakes  Cereal & Grahams  100% Fruit Juice 1/2 Cup Fruit Choice	Sweet Potato Cinnamon Roll  Cereal & Grahams  100% Fruit Juice 1/2 Cup Fruit Choice