



Charles Ellis Montessori Academy



KINDERGARTEN ORIENTATION

Completed Forms 3231 and 3300 are required for registration:

FORM 3231 (immunizations) should have an “X” at the top right corner “Complete for K through 6th Grade” for school attendance. If it does not, the “Date of Expiration” needs to be after school begins. If your form has an expiration date, your child will need to have additional vaccinations prior to that date to remain in school. Please submit updated immunization forms to the School Nurse.

FORM 3300 (vision, hearing, dental, nutrition) is for students new to Georgia schools. It should have "Passed" checked in the vision and hearing sections, "Normal appearance" checked in the dental section, and "5th to 84th percentile- Appropriate for age" checked in the nutrition section. Otherwise, your child will need to have the follow-up as recommended, prior to school beginning. If you are unsure as to the follow-up needed, please ask the healthcare provider who did the screening of your child. It may just require a notation from the physician in the “Screener’s Comments” section at the bottom right corner of the form. Please also assure the screener has signed, dated, and provided his/her contact information. This form should be submitted to the Information Specialist.

MEDICAL CONSIDERATIONS

Please promptly complete and submit the Student Medical Conditions Questionnaire, which will be sent to you electronically during the first week of school. Please include all chronic conditions such as asthma, diabetes, seizures, food allergies, etc. The information will be shared with the School Nurse and your student’s teachers. If during the school year your child is required to wear a cast, splint, brace, orthopedic boot or use crutches/wheelchair etc., please submit an activity restriction note from the healthcare provider to the School Nurse on the day the child returns to school; the information will be copied for the teacher and PE teacher. We want to keep your child safe!

®Diet Restriction and/ or Food Allergy

If your child has a dietary restriction, please obtain a Diet Prescription form. A food allergy requires a Food Allergy & Anaphylaxis Emergency Care Plan and a Diet Prescription. These forms can be obtained from the School Nurse. You need to complete part of the information and then your child’s physician completes the form(s) and signs it. Please return the completed paperwork to the School Nurse and bring in any necessary medications that have been ordered by the physician to be kept at school.

®Medication at School

If it is necessary for your child to be given a medication at school or requires an inhaler or EpiPen to be kept at school, please bring the unexpired medication to the School Nurse in the original container/packaging with student's name, name of medication, dosage, and time to be administered on the prescription label; a once/day medication needs to be administered at home. If you desire an over-the-counter "as needed" medication that your child has had before to be kept at school, it needs to also be brought in by you, be in the original unopened container, be age/weight appropriate for your child, and not be expired. Each medication you bring in will require paperwork to be completed by you and the School Nurse (8:00 a.m.-2:00 p.m.). NEVER send a medication to school with a student.

®Nutrition and Sleep

Please assure that your child has a nutritious breakfast each day. If your child does not eat at home before leaving for school, please encourage him/her to obtain breakfast upon arrival at school; **every child in our school district, regardless of financial means, can have a free breakfast if he/she arrives before 7:45 a.m.** (current school year time). Studies show that children who eat breakfast each day do better in school.

Your child should also be sleeping ~10 hours each night. Please have him/her on a regular sleep schedule before the beginning of school and try not to deviate from it on the weekends; Mondays and the day after a holiday are particularly challenging for some students, frequently due to being off schedule, having inadequate sleep in relation to their change in activities, and a change in diet.

®Illness

If your child is not feeling well at home, please do not send him/her to school. For infection prevention, please encourage social distancing, good handwashing for 20 seconds, to cough/sneeze into his/her elbow, and not to touch the face. An annual flu vaccination is recommended. If mask-wearing is mandated, please practice with your student to enable his/her compliance.

A student must remain home, or be sent home, for a fever (100.4°F orally or 99.4°F with a touchless thermometer) . **The student may not return to school until fever-free for 24 hours without a fever-reducing medication.**

If you are contacted to pick-up your child, please be prompt and have at least two alternate people listed as emergency contact for pick-up if you are unavailable. Your child cannot stay in the nurse's office. Please keep all contact information updated with the school's Information Specialist and your child's classroom teacher. Also, please teach your student at least one phone number of an adult in the household.

®Injuries

Your child will most likely visit the School Nurse for first aid regarding scrapes, bumps, and bruises during the school year. Many of these minor injuries will not necessitate a phone call home, but a yellow Infirmary Pass will be sent with your student. However, parent contact will be made for bumps to the head, and as a precaution, a CDC concussion information sheet will be sent home with your child for home monitoring unless you already have the information; retaining this reference sheet for the school year is recommended.

®Head Lice

The best prevention of head lice is for students to keep their heads apart from one another and not to share anything that goes on the head. Please teach your child these practices. It is wise to keep hair tethered back with an elastic holder at school and after school activities. Although we do everything to prevent the spread of head lice within our school, we have no control over the contacts students have outside of school. If you do receive a head lice information letter from the School Nurse, you need to carefully check your child and everyone in the household for head lice immediately. The letter provides information of how to do this, but the Georgia DPH website is a good resource. If treatment is indicated, consult with your child's physician. Please inform the School Nurse if your child is being treated for head lice.

®Wet/Soiled Clothing

Please provide an extra change of uniform clothing and undergarments for your child (Pre-K and K); the school is not obligated to provide clothing for your child. Toileting accidents do happen. Most students should be able to change wet clothing by themselves. However, if the child needs assistance with zippers, buttons, belts, or fasteners, a staff person will assist with the minimal task and then allow the child to remove the clothing by himself/herself. If clothing is not provided and/or the child is unable to change himself/herself, you will need to bring in a change of clothing and assist your child.

If your child has had a bowel movement in his/her clothing, you will be called immediately and are required to take care of your child's personal needs as soon as possible. Your child can stand in the nurse's office until you arrive. A child cannot be sent home on the bus after school with wet or soiled clothing.

If you have questions or concerns, please contact the School Nurse at 912-395-5474.